

Frans™

Since 1940 1940

ALL DAY BREAKFAST

Pancakes & Waffles & Scones

Our batters are made in-house everyday, and made to order! Add maple bacon 4.25

	Pancakes	Waffle	French Toast
Traditional	7.99	7.99	7.99
Banana or Chocolate	8.99	8.99	8.99
Walnut	10.99	10.99	10.99
Mixed Berries	10.99	10.99	10.99



Morning Glory Waffle

A jumbo waffle topped with 2 eggs, 2 strips of bacon, caramelized apples and drizzled with hot syrup. 11.99

Freshly-baked Scones

Freshly-baked mixed berry scones, and a fresh fruit bowl. 7.99

Eggcellent Breakfasts

Maple Leaf

Three large Canadian Grade A eggs, maple sausages, homefries, and baked beans. 12.99

Steak & Eggs

Fresh-cut AAA NY striploin, 2 eggs, homefries, and toast.

5 oz. 12.99 8.oz. 15.99

Montreal Corned Beef Hash

Lean minced corned beef, sautéed onions, 2 eggs, homefries, and toast. 10.99

Fran's Energy Breakfast

Three large Canadian Grade A eggs, shredded cheddar cheese and sliced ham, served on a freshly-baked croissant. Served with homefries. 10.99

Scrambled Croissant

3 large Canadian Grade A eggs, green and red peppers, onions, mushrooms, asparagus, tomato, avocado, goat cheese and our house Hollandaise on a freshly-baked croissant. 11.99

Vegetarian Sausage & Eggs

2 large Canadian Grade A eggs, vegetarian sausage, homefries, and toast. 9.99

Chicken & Waffles

A freshly-made waffle with spicy fried chicken, drizzled with Fran's maple syrup, topped with green onions. 13.99

Two-Egg Traditional

2 large Canadian Grade A eggs, choice of premium smoked bacon, ham or farmer's sausage, and toast. 6.99.

With premium protein: Canadian peameal bacon, turkey bacon, or turkey sausage. 8.99

Whole Wheat Breakfast Wrap

3 large Canadian Grade A eggs, sautéed onions, peppers, bacon, tomato, cheddar and Jack cheese wrapped in a whole wheat tortilla. Served with homefries. 10.99

THE BIG BREAKFAST

2 eggs, 2 slices of bacon, 2 sausages, 2 pancakes, homefries, and toast. 13.99



ALL DAY BREAKFAST

3-Egg Omelettes

All of our omelettes are made with 3 large Canadian Grade A eggs, and come with homefries and toast.

Substitute homefries with a fresh fruit cup. 2.95

Extra cheese 1.55

Cheese Omelette

Your choice of cheddar, Swiss, mozzarella, or feta. 7.99

Western Omelette

Diced Canadian ham, onions, red and green peppers. 8.99

Add cheddar, Swiss, mozzarella, or feta for 1.55

The Vegetarian

Diced asparagus, spinach, tomato, onion, mushroom, and peppers. 10.99

Benedicts

2 large Canadian Grade A eggs, poached, on a toasted English muffin with our homemade Hollandaise sauce, sprinkled with shredded mozzarella cheese and paprika. Served with homefries and fresh fruit garnish.

Canadian Benedict

Lean Canadian peameal bacon. 11.99

Vegetarian Rainbow Benedict

Topped with asparagus, spinach, tomatoes, onions, peppers and mushrooms. 11.99

Along The Seine

Hold the Hollandaise! 2 large Canadian Grade A poached eggs on a bed of spinach with ham or tomato slices, topped with fresh feta cheese and finished with a balsamic reduction. 11.99

Eggs Florentine

On a bed of fresh baby spinach. 11.99

Eggs Blackstone

Fresh Atlantic smoked salmon. 12.99

Shrimp Florentine

Grilled shrimp, served on a bed of fresh baby spinach. 14.99

Steak Benedict

Topped with a juicy striploin steak and fresh asparagus. 14.99

Light Breakfasts

Fresh Fruit Bowl

Freshly made everyday. 5.99

Oatmeal

Rolled oats made to order with a side of 2% milk and brown sugar. 4.75

With mixed berries 6.99

Yogurt Parfait

Vanilla yogurt layered with honey granola and mixed berries. 7.99

Freshly-baked Mixed Berry Scones

4.95

Fresh Herb & Cheese

Feta cheese, fresh basil, dill, cilantro and parsley. 9.99

Build Your Own Omelette

Start with a plain omelette. 6.99

Egg-white only, add 2.00

Protein:

diced bacon, sausage, ham. Add 1.25 each

Cheese:

cheddar, mozzarella, Swiss or feta. Add 1.55 each

Veggies:

green or red peppers, diced asparagus, spinach, broccoli, onions, mushrooms, tomatoes, olives, jalapeños, salsa. Add 0.99 each

Braised Beef Benedict

Seasoned, slow-cooked pulled beef. 13.99

Montreal Corned Beef Benedict

Sautéed Montreal corned beef. 11.99

Portobello Mushroom Benedict

Poached eggs atop fresh Portobello mushroom caps. Grilled to order. 11.99



Sides

Fruit Cup	3.99
Homefries	5.99
French Fries	4.99
Sweet Potato Fries	5.99
Onion Rings	7.99
Peameal Bacon	3.75
Turkey Bacon	4.50
Maple Sausage	4.95
Vegetarian Sausage	4.50
Corned Beef Hash	4.50
Chicken Breast	4.50
Bacon, Ham, Sausage	3.25
Fresh Atlantic Smoked Salmon	4.99

STARTERS

P.E.I. Steamed Mussels

Roasted tomato sauce, Provence herbs and seasonal veggies. Served with garlic bread. 13.99



Crusted Mozza Cheese Sticks

Mozzarella sticks, tossed in Italian garlic bread crumbs. Served with parmesan marinara dipping sauce. 8.99

Calamari

Lightly-breaded calamari, fried until a crisp, golden brown. Served with a Thai-Chili sauce. 9.99

Button Bones

Pork rib button bones tossed in your choice of sauce: Korean BBQ sauce, honey garlic or lemon pepper salt. 9.99

Braised Beef Sliders

Tender pulled beef, caramelized onions, topped with our house Asian BBQ sauce. Served on mini buns. 3 for 10.99 5 for 15.99

Pan-Fried Shrimp

Fresh jumbo shrimp, pan-fried with peppers, onions, zucchini, cilantro and a touch of curry spice. 12.95

Fran's Wings

Jumbo breaded wings with your choice of sauce: BBQ/honey garlic/sweet & sour/hot/extra hot. 10.99

Deep Fried Pickles

A Toronto favourite! Served with ranch dip. 8.99

Nachos Please

Home-cooked tortillas stacked with mozzarella, cheddar, black olives, spicy jalapeños, diced red and green peppers, onions, and tomatoes. Served with sour cream and salsa. 9.99

Add a cup of our homemade chili or a side of guacamole. 3.99

Chicken Quesadillas

Packed with Jack and cheddar cheese, peppers, onions, and tomatoes. Comes with salsa and sour cream. 10.99

Poutine

A Canadian classic! Crispy fries topped with gravy and cheese curds.

French-Canadian Poutine 8.99

Braised Beef Poutine 10.99

Chicken Poutine 10.99

Fran's Chef Poutine 13.99

SOUPS & CHILI

Soup Of The Day

We make our soup of the day in-house from fresh ingredients, everyday. 4.99

Creamy Broccoli Soup

Simply delicious and heart warming. 5.99

French Onion Soup

Our long-time French onion soup recipe with caramelized onions is topped with a baked French baguette and Swiss, parm and mozzarella cheese. 5.99

Meat Chili

Our original hearty 1940s recipe. Canadian ground beef, red kidney beans, loaded with vegetables, topped with shredded cheddar. Served with toasted garlic bread. 9.75

Hearty Veggie Chili

Packed with hearty vegetables, red kidney beans and served with toasted garlic bread. 8.99

SALADS

Grilled Steak Salad

Grilled and sliced striploin, seasonal greens, feta, black olives, peppers, basil, onion, tomatoes, and balsamic vinaigrette dressing. 14.99

Greek Salad

Seasonal greens, peppers, cucumbers, tomatoes, onions, Kalamata olives, feta cheese, oil vinaigrette dressing. *Large 11.99 Regular 5.99*

Beet Spinach Salad

Baby spinach, mixed greens, roasted beet, goat cheese, toasted walnuts, red onions, and sun-dried tomato dressing. 12.99

Grilled Shrimp Salad

Grilled shrimp, mixed greens, baby spinach, peppers, onions, celery, cucumbers, carrots, fresh cilantro, with a balsamic vinaigrette dressing. 14.99

Grilled Atlantic Salmon

Grilled Atlantic salmon, seasonal greens, peppers, tomatoes, cucumbers, carrots, red cabbage. 15.99

Asian Chicken Salad

Grilled chicken, seasonal mixed greens, cucumbers, peppers, tomatoes, onions, sunflower seeds, mandarin oranges, crispy rice noodles with a ginger dressing. 13.99

Classic Caesar

Crispy romaine lettuce tossed with garlic croutons, diced smoked bacon, parmesan cheese and Caesar dressing. *Large 9.99 Regular 5.99*
Add chicken 4.50



FRANWICHES

*Served with your choice of fries, homefries, or tortilla chips and salsa.
Substitute for a side salad, daily soup, or sweet potato fries 1.99*

Fran's Famous Club

Grilled chicken layered with bacon, lettuce, tomato and mayo on your choice of toasted or untoasted bread. 11.99

Grilled Chicken & Avocado Club

Grilled chicken, avocado, bacon, tomato, Swiss cheese and mayo. 13.99

Triple Decker BLT

4 strips of smoked premium bacon, lettuce, tomato and mayo. 8.99

Add cheddar or Swiss cheese 1.75

Chicken Parmigiana Sandwich

Lightly breaded chicken, homemade tomato sauce, mozzarella cheese, served on a baguette. 12.99

Striploin Steak Sandwich

Canada No.1 choice New York steak, mozzarella, sautéed onions and mushrooms on a baguette. 13.99

Smoked Salmon Sandwich

Atlantic smoked salmon, capers, fresh dill, onions, lettuce, cucumber, tomatoes, cream cheese, on rye. Served with homefries. 13.99

Roast Turkey or Roast Beef Sandwich

Tender slices of home-cooked oven roasted turkey or succulent roast beef served open-faced on white or whole wheat bread. Topped with rich gravy. 11.99

Fran's Philly Beef

AAA top sirloin, Swiss cheese, mushrooms, sautéed onions and peppers served on a fresh baguette. 11.99.

Grilled Cheese Classic

Thick cheddar or Swiss grilled between thick slices of fresh egg bread. 8.99

Add another thick slice of cheese 1.55

Packed Grill Cheese

We've brought it back! Our classic grilled cheese, stuffed with sautéed onions, sliced tomatoes, and 2 slices of premium bacon. 11.49

Grilled Havarti Cheese & Apple Slices

Canadian havarti cheese grilled with crisp Ontario apple slices. 11.49

Triple Decker Reuben

Sliced corned beef, Swiss cheese, sauerkraut and our homemade dressing, on three slices of marble rye. 11.99

Monte Cristo

Ham, turkey and Swiss cheese between 3 slices of thick Texas toast dipped in egg and grilled to perfection. 11.99

Western Sandwich

Chopped ham, onions and peppers mixed with 3 large eggs, cooked light and fluffy. Served on your choice of bread. 8.99

Classic Tuna Melt

Fran's Traditional fresh tuna salad topped with melted cheddar cheese served open-faced on sliced baguettes. 10.99

WRAPS & PANINI

*Served with your choice of fries, homefries, or tortilla chips and salsa.
Substitute for a side salad, daily soup, or sweet potato fries 1.99*

Tuna Wrap

Fran's traditional fresh tuna salad wrapped with lettuce, tomato, onions and cucumber. 9.99

California Wrap

Thinly sliced turkey wrapped with avocado, lettuce, tomato, onion, bacon, cucumber and mayo. 9.99

Grilled Chicken & Bacon Panini

With avocado, tomato, bacon, and Jack cheese. 11.99

Portabella Panini

Roasted vegetables, portabella mushroom, avocado, tomato and Jack cheese. 10.99

Steak or Chicken Breast

Strips of tender steak or chicken breast wrapped with romaine lettuce, bacon bits, parmesan cheese, croutons, and our classic Caesar dressing. 9.99

Baja Chicken

Chicken and roasted vegetables wrapped in a flour tortilla with lettuce, fresh tomatoes, onion, cucumber, salsa and our house-made chipotle mayo. 9.99

Roasted Vegetables

Marinated grilled peppers, onions, zucchini, eggplant, Portobello mushrooms and cheese with herb mayo. 9.99

PASTA

All of our pasta dishes come with garlic bread. Add chicken or shrimp for 4.50

Baked Lasagna

Baked daily! 7 layers of thick meat sauce, cheese, and noodles, topped with melted cheese and marinara sauce. 12.99

Fran's Spaghetti

With homemade tomato sauce. 9.99

With homemade meat sauce 11.99

Add baked cheese 2.00

Add chicken or shrimp 4.50

Gluten Free, add 2.00

Fettuccine

Sautéed mushrooms, fresh tomatoes, peppers, onions, fresh basil tossed in a nutmeg and parmesan white wine cream sauce. 11.99

Add chicken 3.99

Baked 5-Cheese Macaroni

Cheddar, parmesan, Swiss, Jack, cream cheese, baked with a herb mozza crust. 14.99

Multi-Grain Shrimp Penne

Fresh jumbo shrimp, sundried tomatoes, baby spinach, basil, cream cheese, mozzarella and parmesan. 15.99



FRAN'S FAVOURITES

Orange Chicken

Boneless breaded chicken tossed in our orange sauce, served on rice and vegetables. 12.99

Fish & Chips

Beer battered cod fillets served with fries and coleslaw. 13.99

Original Shepherd's Pie

Our original recipe! Seasoned vegetables, beef, and creamy mashed potatoes. 11.99

Chicken Fingers

Breaded chicken strips served with fries, celery, carrot sticks and plum sauce. 10.99

Try them tossed in BBQ, honey garlic, hot, or extra hot sauce for 2.00

Fran's Meatloaf

Our original recipe, featuring our homemade meatloaf with caramelized onions, topped with beef gravy. 12.99

Chicken Parmigiana

Herb-crusted chicken topped with mozzarella and our homemade tomato sauce. Served with mashed potatoes and veggies. 13.99

Substitute for spaghetti and garlic toast for 2.49

Atlantic Salmon

Grilled salmon with a toasted coconut and orange sauce. Comes with mashed potato and seasonal vegetables. 15.99

Grilled Liver & Onions

Tender beef liver, caramelized onions, bacon, mashed potato and seasonal vegetables. 11.99

Asian Bowl

Your choice of marinated chicken, sliced steak, or sirloin beef. Tossed with our housemade Asian BBQ sauce. Served on a bed of rice.

Cilantro, Veggie or Sirloin Bowl 13.99

Shrimp Bowl 15.99

Add shrimp 4.50

HOT PLATE FAJITAS

All Hot Plate Fajitas are accompanied with soft tortilla shells, lettuce, cheddar and Jack cheese, sour cream and salsa.

Fajitas are sautéed with Cajun vegetables and black beans.

Your Choice of: 14 oz. grilled Cajun chicken OR 10 oz. marinated steak or Portabella mushroom 17.95 each

Extra fajita shells 0.50 each

HOMEMADE BURGERS

We make all of our burger patties in house, from scratch, everyday, using AAA Canadian beef and our special blend of spices and seasoning.

Our burgers are served on a fresh burger bun with lettuce, tomato, onions and a pickle.

Served with your choice of fries, homefries, or tortilla chips and salsa.

Substitute for a side salad, daily soup or sweet potato fries 1.99

Chicken Nacho Burger

Grilled chicken breast, crunched tortilla chips, tomato, onion, pepper, cheese, jalapeños, salsa, sour cream and black olives. 13.99

Half-Pound Franburger

Made with 100% Canadian beef. 9.99

Add Canadian cheddar or Swiss cheese 1.55

All-Canadian Banquet Burger

Classic Franburger topped with lean peameal bacon and melted cheddar cheese. 13.99

Havarti Burger

Grilled 100% Canadian beef smothered with steak sauce, sautéed onions, grilled tomatoes, grilled peppers, and creamy havarti cheese. 13.99



Vegetarian Portobello Mushroom Burger

Beer battered Portobello, melted cheddar, with an apple slice. 11.99

Vegetarian Garden Burger

Made with wholesome garden vegetables. Topped with herb mayo. 10.99

LEGENDARY BANQUET BURGER

Did you know that Fran's invented the banquet burger more than 75 years ago? We recreated this classic!

A half-pound burger patty topped with melted Canadian cheddar and Bourbon maple bacon. 12.99

Fran's Chicken Sizzler

Grilled chicken breast glazed with BBQ sauce, maple bacon and mozzarella cheese. 11.99

STEAK RIBS CHICKEN

*Served with garlic mashed potatoes and seasonal vegetables.
Substitute for a side salad, daily soup or sweet potato fries 1.99*

Roasted Half-Chicken

Juicy oven-roasted chicken served with our housemade BBQ sauce. 15.99

Grilled Lemon Herb Pork Chop

10 oz. French centre cut pork chop, marinated in a lemon herb marinade.
14.99

Baby Back Ribs

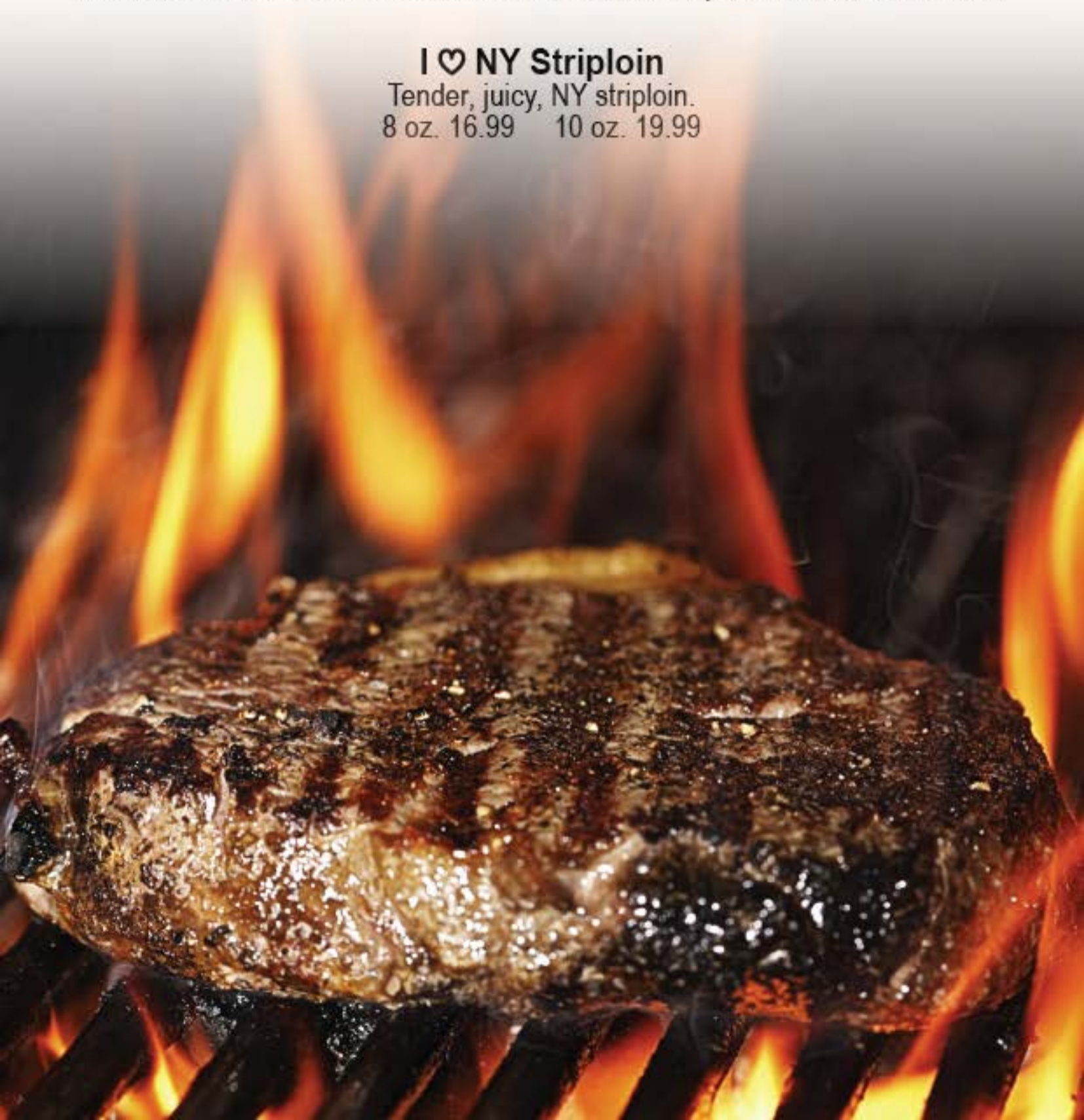
Slow cooked and glazed with our BBQ sauce.
Half Rack 15.99 Full Rack 21.99

BBQ Beef Short Ribs

Canadian beef short ribs marinated in our Korean inspired house-sauce. 16.99

I ♥ NY Striploin

Tender, juicy, NY striploin.
8 oz. 16.99 10 oz. 19.99



BEVERAGES

Juice

Freshly Squeezed Orange Juice 4.50

Grapefruit, Cranberry, Apple, Tomato,
or Pineapple 2.99

Coffee

Fran's Premium Blend Coffee
(bottomless) 2.59

Decaffeinated Blend Coffee
(bottomless) 2.59

Espresso 2.49 Café Latte 3.45
Café Mocha 3.75 Cappuccino 3.75
Americano 2.49 Mochaccino 3.75

Tea

Orange Pekoe, Earl Grey, Mint,
Green Tea, Chamomile, Lemon 2.59

Fountain

Soft Drinks 2.49

Iced Tea 2.59

Lemonade 2.59

Milk

Milk 2.65

Chocolate Milk 2.75

Water

Perrier 2.49

Bottled Water 1.95

Floats

3.95

Traditional Milk Shakes

Cool, thick, and delicious!

Chocolate, Vanilla, or Strawberry
5.99

Smoothies

Cool, healthy, and delicious.

*Made with 100% real fruit purées,
mixed berries, and frozen yogurt.*

5.25

Very Berry

Raspberry, Blueberry and Strawberry

Super C

Strawberry, Orange and Banana

Piña Colada

Pineapple, Honey and Coconut

Florida Fanta

*Strawberry, Pineapple, Mango and
Banana*

DESSERTS

Fran's Favourite Pies 4.99

Sky High Lemon Meringue
Tangy lemon with fluffy meringue.

Coconut Cream Pie
Real sweet coconut cream.

Fran's Homemade Apple Pie
Made in-house, daily. Served warm or cold.

Add cheddar for 1.55

Add ice cream for 2.25

CAKES

Fran's Delicious Cakes 6.95

Utopian Chocolate Cake
Layered chocolate and fudge,
sweet and moist. Dusted with confectionary sugar.

Colossal Carrot Cake

Coconut, crushed pineapple, raisins, walnut and
a hint of cinnamon.

Cheesecake

New York-style, topped with your choice of hot
fudge, strawberry or butterscotch sauce.

Feature Cake 7.95

Ask your server for details.



Fran's Gift Cards
Perfect for any occasion!
Check your balance ONLINE!

Visit any of our 4 locations:

Fran's Toronto
20 College Street,
Toronto, Ontario
(416) 923-9867

Fran's Toronto
200 Victoria Street,
Toronto, Ontario
(416) 304-0085

Fran's Barrie
407 Bayfield Drive,
Barrie, Ontario
(705) 726-8286

Fran's Toronto
33 Yonge Street,
Toronto, Ontario
(647) 352-3300